

Chemical composition of Lake Orta sediments

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ABSTRACT

Lake Orta (18.2 km², 1.3 km³, 143 m max. depth) has been severely polluted since industrialisation of its watershed began in 1926, at which time the lake began to receive industrial effluents containing high concentrations of copper and ammonia. Chromium-, nickel-, and zinc-rich effluents from plating factories have also contributed to pollution levels, and pH-levels dropped below 4.0 as a result of the oxidation of ammonia to nitrates. More than 60 papers have documented the evolution of the chemical characteristics of both water and sediment, and the sudden decline of plankton, as well as benthos and fish. As a remedial action the lake was limed from May 1989 to June 1990 with 10,900 tons of CaCO₃. The treatment was immediately effective in raising the pH and decreasing the metal concentrations in the water column, and plankton and fish communities quickly rebounded. However, the chemical characteristics of sediments were influenced by the liming to a much lesser extent. Since 900 tons of copper and the same amount of chromium were contained in the top 10 cm of sediment, it appears likely that the sediment could potentially act as a current and future source of these metals to the water column. This observation has resulted in the implementation of a vigorous monitoring regime to track the post-liming recovery of Lake Orta.

Key words: metals, sediments, chemistry, Lake Orta

1. INTRODUCTION

Lake Orta (Fig. 1) belongs to the Italian sub-alpine lake district and it is the seventh largest Italian lake with respect to volume and depth. It was formed by glacial erosion of a former river valley during the Mediterranean salinity crisis that occurred in the Messinian period. The lake has an altitude of 290 m a.s.l., with long and narrow shape stretched from North to South, and is fed by six main tributaries which account for approximately 76% of the lake's watershed. All of these tributaries lie on the eastern side of the lake, with the exception of the River Pescone, which lies on Orta's western shore.

The drainage basin of Lake Orta consists mainly of gneiss, mica schist, and granites (Boriani & Sacchi 1974; Fig. 2). The highest point in the watershed is 1643 m a.s.l. while the average altitude is 590 m a.s.l. (Carollo & Libera 1990).

The first studies on the pelagic fauna date back to the last century (Pavesi 1877; 1879a; 1879b), and shown a diversified phytoplankton community (Parona 1880; Bonardi 1885; Giaj-Levra 1925), with as many as 154 different species of diatoms. This high level of diversity was similar to that found in the other sub-alpine lakes (Parona 1880; Bonardi 1885; Giaj-Levra 1925). Zooplankton assemblages also indicated oligotrophic conditions (Bonacina *et al.* 1988a), and the abundant fish stock sustained an intensive fishery (Pavesi 1986; Monti 1929). However, the lake has been polluted since 1926 having received industrial effluents which are rich in copper and ammonium sulphate from

a factory producing artificial silk by means of the cupro-ammonia method. This factory is located on the Southern shore of the lake, opposite the lake outlet, which lies at Orta's northern end.

These polluting discharges immediately affected the lake biocenosis: by 1927 a rapid decline of the phytoplankton was observed, followed by that of zooplankton and fish fauna, such that in only three years (Monti 1930) the lake was considered to be "sterile". The toxic effect was initially due to the increase of copper concentrations in the waters, reaching a peak of 100 µg l⁻¹ in 1950 (Picotti 1958; Corbella *et al.* 1958; Tonolli & Vollenweider 1961a, b).

The copper input dropped significantly in 1958 when the rayon factory installed a water treatment plant, but at the same time a number of electroplating factories began to discharge copper, zinc, nickel, and chromium into the lake (Bonacina 1970; Barbanti *et al.* 1972; Calamari & Marchetti 1975). In the same period, the biochemical oxidation of ammonia (Vollenweider 1963), which was still being discharged at a high rate by the rayon factory, resulted in a progressive acidification of the waters due to proton production by two different mechanisms (Ruess 1975; van Breemen *et al.* 1984; Buysman *et al.* 1985). The first mechanism was the oxidation of ammonia to nitrates, producing two moles of H⁺ and consuming two moles of O₂, and the second was the assimilation of NH₄⁺ by primary producers, accompanied by an equivalent release of protons (Goldman & Brewer 1980; Raven 1985).

In Lake Orta these reactions were favoured by the low alkalinity (0.2-0.3 meq l⁻¹; Monti 1930), and poor

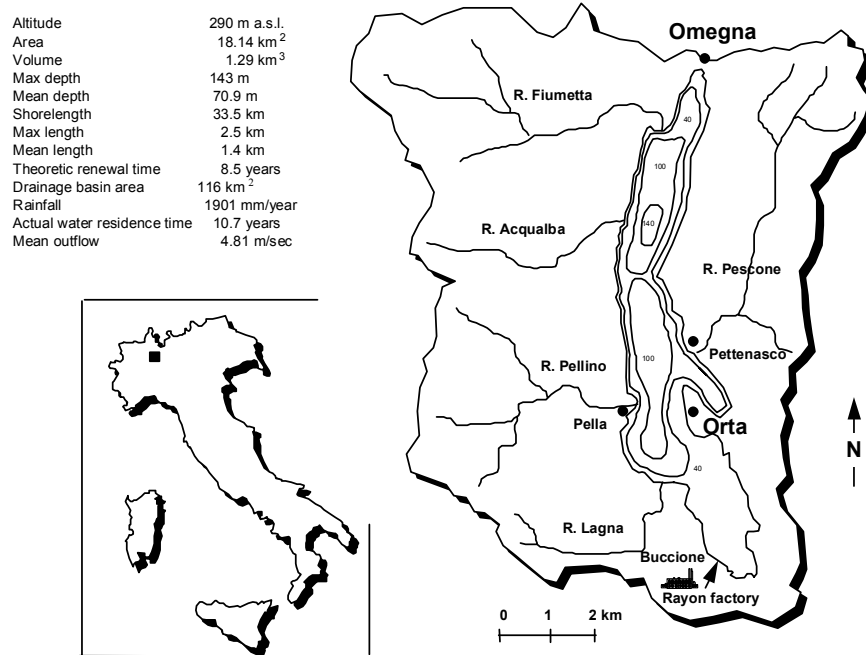


Fig. 1. Morphometric characteristics of the lake and its drainage basin.

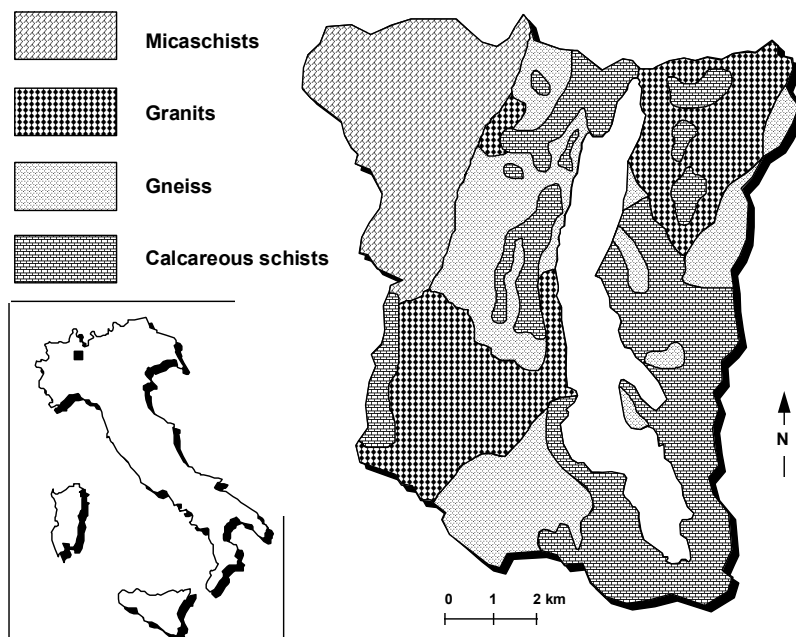


Fig. 2. Lithology of L. Orta watershed.

buffering capacity of the water, which comes from tributaries draining the silicious watershed. In the 1970s the pH of the water column dropped as low as 3.9 - 4.5 (Bonacina & Bonomi 1984), with a corresponding increase of nitrates. But at the beginning of the eighties a recovery phase began with the installation of a new treatment plant at the rayon factory in 1981, which further reduced copper loading from 4000 to 300 kg y⁻¹,

and lowered ammonia loading by 95%, from 3000 to 30 t N y⁻¹. Water chemistry immediately responded to these changes (Mosello *et al.* 1986a, b; Bonacina *et al.* 1988a, b), and between February 1980 and February 1989 ammonia decreased from 5.1 to 1.2 mg N l⁻¹, and copper from 48 to 36 µg l⁻¹.

However, the pH of the lake remained very acidic, though occasional pH increases in the epilimnion (6.0-

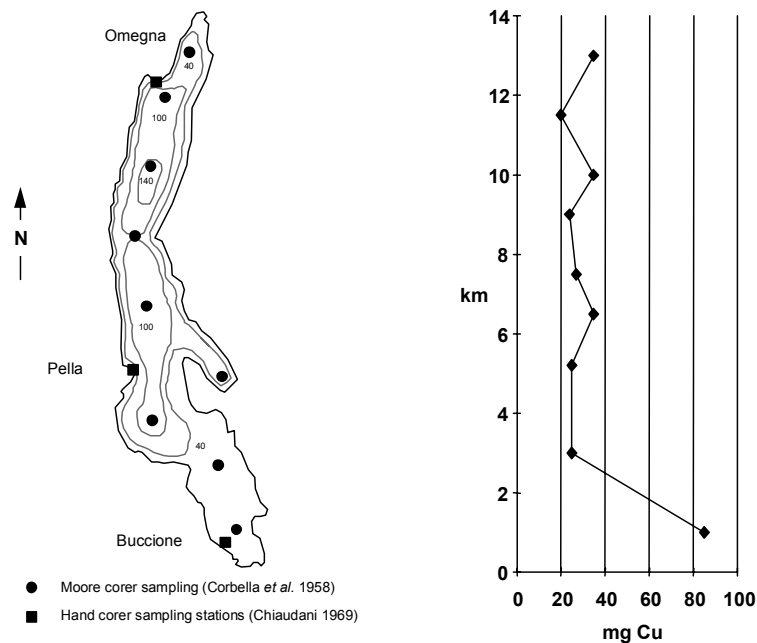


Fig. 3. Sediment sampling stations (Corbella *et al.* 1958; Chiaudani 1969) and copper concentration (mg Cu ml⁻¹ wet sediment) in the first 6 cm of sediment as a function of the distance from the Southern shore of the lake.

6.5 pH units in September 1984) resulted from photosynthetic consumption of carbon dioxide (Mosello *et al.* 1986b). During these events, Cu and Cr decreased in the epilimnion due to co-precipitation with the hydrated oxides of Al and Fe (Mosello *et al.* 1986a), but metals levels were still high enough to be toxic to aquatic organisms (Barbanti *et al.* 1972; Gerletti & Provini 1978; Mosello *et al.* 1986b; Calderoni *et al.* 1992). A chemical balance model was developed which incorporated current loadings from the watershed, indicating that a period of 15-20 years would be required for the lake to reach an alkalinity of 100 - 200 meq l⁻¹ (Mosello *et al.* 1986a, b; Mosello *et al.* 1989; Calderoni & Mosello 1990). In order to expedite the recovery of the lake, it was proposed to treat the waters with calcium carbonate (Bonacina *et al.* 1987, 1988) until complete oxidation of ammonia was achieved and an alkalinity of at least 50 meq l⁻¹ was attained (Calderoni *et al.* 1990).

The liming took place in 1989-1990 (Calderoni *et al.* 1991), and a total of 14,500 t of limestone was ultimately used, increasing the pH to almost 6.0, and obtaining a reduction of the ammonia concentration down to 0.09 mg N l⁻¹, along with a severe drop in dissolved metal concentration. Plankton (Tondina 1992), littoral fauna (Ballarè *et al.* 1992) and fish fauna (Giussani 1990) quickly responded to the treatment, showing a good recovery both in size and quality. The evolution of the lake conditions during this period was also studied through the characterisation of the chemical composition of the sediments. It is well known that aquatic sediments tend to be contaminated by both inorganic and organic pollutants because the toxicants, once ad-

sorbed or incorporated into the suspended particulate matter (biotic and/or abiotic), become deposited on the lake bottom, from which the solid/liquid equilibrium generally results in an enrichment in toxic elements and compounds in interstitial waters (Knight 1984; Cairns *et al.* 1984; Salomons *et al.* 1987; Tessier & Campbell 1987; Chapman 1987).

2. PRE-LIMING STUDIES

In 1956 (Corbella *et al.* 1958; Tonolli & Vollenweider 1961), samples were collected by means of a Moore corer in nine stations along the lake main axis (Fig. 3). These cores were sectioned into 1 cm layers, and dried at 60 °C. Chlorophyll pigments were measured in all the samples by photometry at 675 nm, following extraction with ethyl ether. Further aliquots of each sample were evaluated for dry weight and ash-free dry weight by heating at 105 and 600 °C. A portion of the samples dried at 105 °C were also gravimetrically analysed for Fe, Al and Si, while copper was colorimetrically measured according to the sodium diethyldithiocarbamate method (Picotti & Baldassi 1941).

Both organic matter and chlorophyll pigments showed a peak around a sediment depth of 3-4 cm, in approximately the same location in which copper displayed a peak. The average concentration of copper in top sediments was 3542 mg kg⁻¹ dry weight; this was thus interpreted as a massive sedimentation of plankton which had been killed by the metal. The intensity of this phenomenon diminishes with distance from the pollutant source.

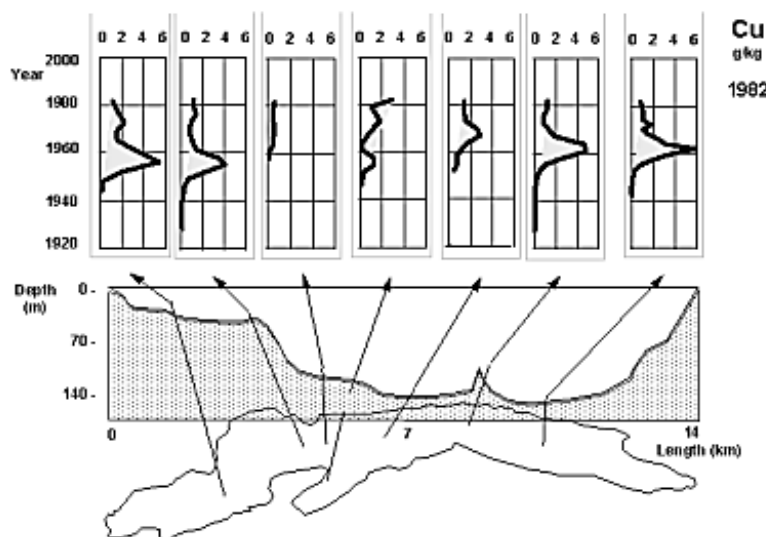


Fig. 4. Cu distribution (g kg^{-1}) in cores collected in Lake Orta during 1982 (from data of Provini & Gaggino 1985).

On the basis of these data, the sedimentation rate was calculated to be on the order of 30 to 40 mm in the previous thirty years (from the onset of the pollution to the time of sampling); and using the mean copper concentration in the top 6 cm layer, it can be estimated that as much as 23.8 g Cu per square meter have been deposited.

Since natural input probably accounts only for 2.6 g m^{-2} , about 380 t of Cu have been incorporated into the sediment due to the industrial effluents. Significant and undefined amounts of the metal were still present into the waters of the lake, in its biotic components, or had left the lake through its outlet.

In 1969 (Chiaudani 1969), 3 sediment samples were collected within the reed stands of Omegna, Pella and Buccione (Fig. 3). The upper 20 cm of each sample were dried at 105 °C, homogenised, and sieved through a 2 mm mesh. One g of the sample was then extracted with warm perchloric acid, after oxidation of the organic matter with nitric acid, for the colorimetric determination of copper (sodium diethyldithiocarbamate method, after Borchardt & Butler 1957). On a separate aliquot of the sediment, the loss on ignition was measured by heating the material at 700 °C for 4 hours.

Copper concentrations of 215.5, 210.5 and 237.0 mg kg^{-1} were found at Omegna, Pella and Buccione, respectively, with corresponding amounts of 4.91, 2.93 and 1.11% of organic matter. The metal concentrations in the littoral sediments were thus quite uniform, and far lower than in the deeper parts of the lake.

In 1978 (Guilizzoni 1978; Adams *et al.* 1978), a core was collected from the deepest point of Lake Orta by means of a freeze corer. The core was sectioned in 10 cm layers to measure sedimentary pigments (spectrophotometric method), and organic matter and calcium

carbonates (gravimetrically). For phosphorus, the extraction method of Metha *et al.* (1954), followed by colorimetric determination (Murphy & Riley 1962), was used.

Dating with ^{137}Cs indicated an annual sedimentation of 2 mm y^{-1} or higher. The distribution profiles for organic matter, CaCO_3 and sedimentary pigments confirmed the hypothesis of Corbella *et al.* (1958); i.e. that an increased sedimentation of phytoplanktonic remains exists in the surficial sediments due to industrial pollution. In fact, organic matter, as a percentage of dry weight, was almost constant at 10% between 10 and 90 cm of depth of sediment, but increased to 23% in the top layer.

In 1982 (Provini & Gaggino 1985), 9 cores were collected (Fig. 4) with a Jenkin corer, divided into 1 cm layers, and dried at 105 °C for 24 hours. After grinding, aliquots of the samples were treated with a 1:1 mixture of perchloric and nitric acid at room temperature overnight, then autoclaved at 120 °C for 2 hours, and finally heated in a water bath at 80 °C for 5 hours (Julshamm & Braekkan 1975). Concentrations of Cu, Cr and Zn in the resulting solutions were measured by flame atomic absorption spectrometry. In four of these cores, ^{137}Cs was measured for dating of the sediments.

In the first three centimetres of sediments, between 1 and 4 mg g^{-1} of Cu, 1-2.7 mg g^{-1} Cr, and 0.3-1.5 mg g^{-1} of Zn were measured. Since the sedimentation rate ranged from 0.24 to 0.45 cm y^{-1} , it has been estimated that the copper peak dated back to 1955, and, after a sharp decrease, the concentration increased again in the sixties, when Cr and Zn also reached their peaks.

In 1982 around 4 t y^{-1} Cu were deposited, and since 1927 as much as 560 t Cu, 380 t Cr, and 30 t Zn have become incorporated into the sediments.

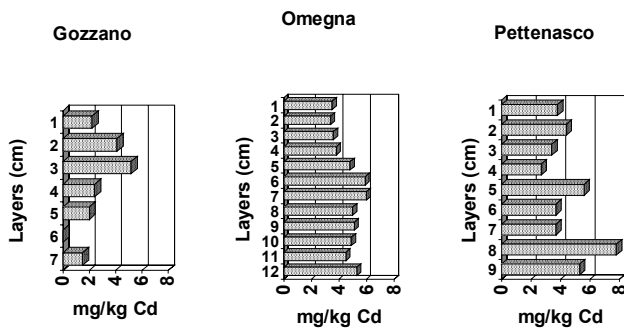


Fig. 5. Cd profiles (mg kg^{-1}). For each core, the deepest layers date back to 1954 (from the data of Provini *et al.* 1987).

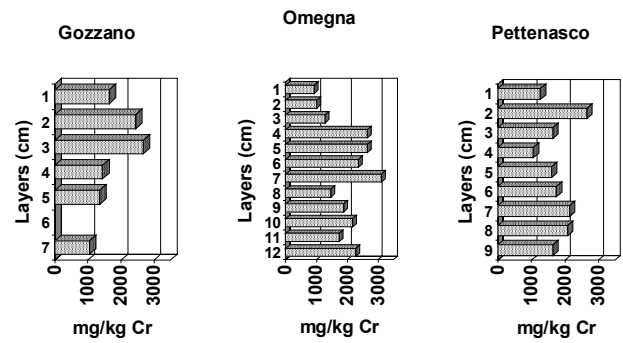


Fig. 6. Cr profiles (mg kg^{-1}). For each core, the deepest layers date back to 1954 (from the data of Provini *et al.* 1987).

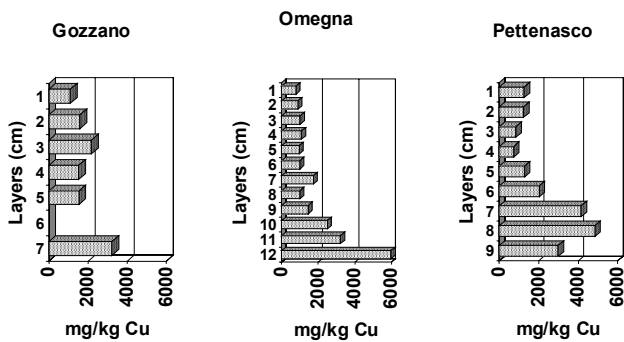


Fig. 7. Cu profiles (mg kg^{-1}). For each core, the deepest layers date back to 1954 (from the data of Provini *et al.* 1987).

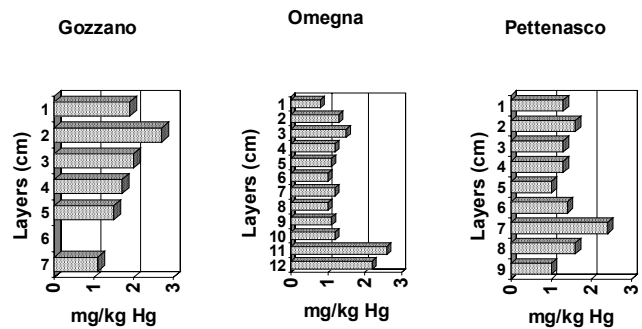


Fig. 8. Hg profiles (mg kg^{-1}). For each core, the deepest layers date back to 1954 (from the data of Provini *et al.* 1987).

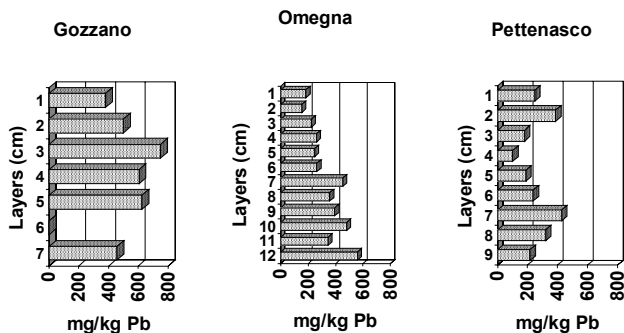


Fig. 9. Pb profiles (mg kg^{-1}). For each core, the deepest layers date back to 1954 (from the data of Provini *et al.* 1987).

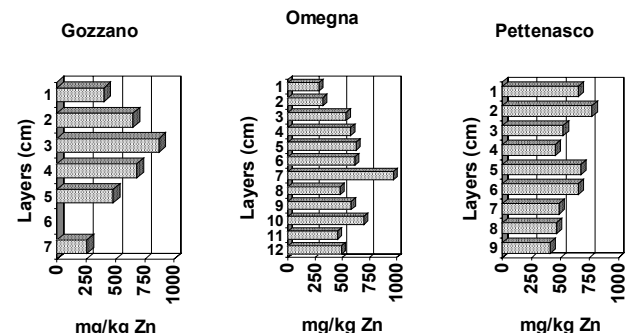


Fig. 10. Zn profiles (mg kg^{-1}). For each core, the deepest layers date back to 1954 (from the data of Provini *et al.* 1987).

In another study (Provini *et al.* 1987) three cores from Gozzano, Pettenasco and Omegna were collected and sectioned in 1 cm layers. In this case, organic carbon was measured by means of a CHN Elemental Analyser, nitrogen with the Scheiner (1976) method, total phosphorus by spectrometry (phosphomolibdic complex) after ashing at 450 °C and extraction with 1 N sulphuric acid for 3 hours, organic matter by ashing at 450 °C for 24 hours, and chlorophyll derivatives and total carotenoids by acetone extraction (Vallentyne 1956; Fogg & Belcher 1961). The metals Cd, Cr, Cu, Pb and Zn were measured by flame atomic absorption spectrometry following wet digestion with a 1:1 mixture of

nitric and perchloric acids (Julshamm & Braekkan 1975), Hg was quantified by volatile hydride AAS (Gaggino 1980), and the sedimentation rate with the ^{137}Cs technique (Robbins & Edgington 1975, Premazzi 1979, Premazzi & Parise 1986). Results of this study indicated that phosphorus in sediments diminished by 50% since 1954, although organic matter remained almost constant in the three basins studied. Metals also tended to decrease (Figs 5-10), but concentrations remained high enough to represent a potential hazard for the environment.

In 1985 (Baudo *et al.* 1989) 52 sediment samples were collected by means of a Ponar grab, to sample

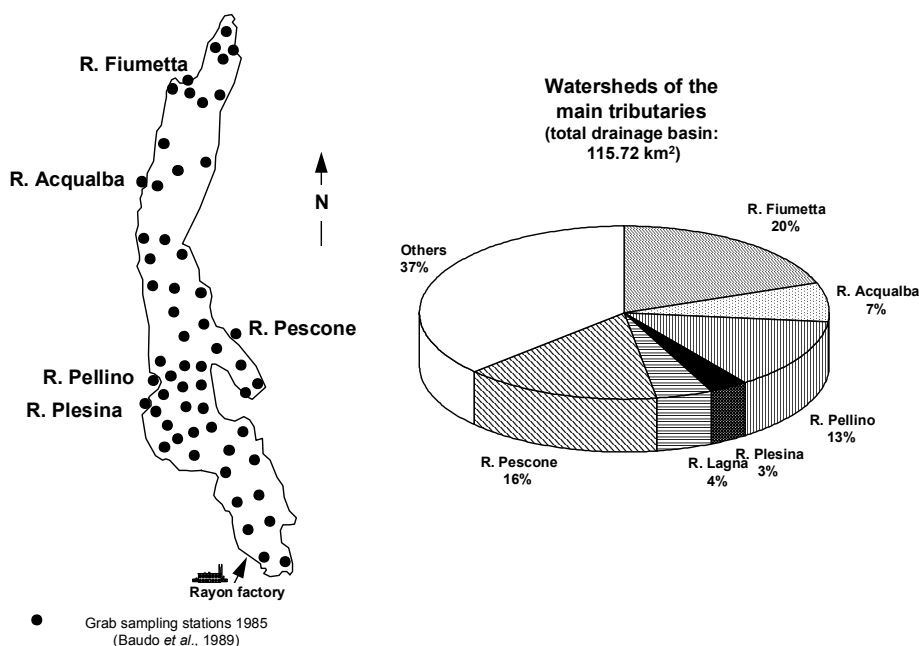


Fig. 11. Sampling stations in 1985 (Baudo *et al.* 1989).

about 500 cm² of the top layer (10-15 cm). The sampling stations were irregularly distributed, according to the morphometric characteristics of the lake (Fig. 11), and 5 additional sediment samples were collected from the mouths of tributaries (Plesina, Pellino, Acqualba, Fiumetta, Pescone) in order to investigate the composition of the particulate matter which is transported into Lake Orta.

At the Environment Institute, Joint Research Centre of Ispra, all samples were air dried, sieved (>200 µm) and ground in a zircon oxide planetary mill till a grain size <90 µm was obtained. The analyses thus refer to the whole sediment, as recommended e.g. by Jones & Bowser (1978), and not to specific size classes or chemical "species" identified by differential elution.

Total carbon (C_{tot}) and its organic fraction (C_{org}) were determined by combustion in an oxygen stream at 1200 and 600 °C, respectively, followed by measurement by differential conductivity (Kock & Malissa 1957). Sample aliquots were combusted at 1200 °C for measurement of total organic sulphur and sulphides. Organic and ammonia nitrogen were determined by titration following Kjeldahl digestion.

Inorganic phosphorus (P_{inorg}) and total phosphorus (P_{tot}) were colorimetrically measured (Vogler 1965) after extraction in 1 N sulphuric acid, or digestion with sulphuric acid, nitric acid, and hydrogen peroxide (Marengo & Baudo 1988). The difference between these two fractions provided an estimation of the organic phosphorus (P_{org}).

Macro- and microelements (Si, Ca, Mg, K, Al, Fe, Ti, Mn, Pb, Cu, Cr, Ni, Zn) were determined by X Ray fluorescence spectrometry, while B, V, Sr, Sn, Mo, Co, Be, Li, Cd, and Hg were measured by inductively coupled plasma emission after pressure digestion in Teflon vessels with 0.5 ml HF and 1.5 ml HNO₃ at 170 °C for 24 hours. Sampling data was collected at a level of greater than 3 samples km⁻², and this information was synthesised into distribution maps for the different elements using the kriging technique (Baudo 1989, 1990). Baudo *et al.* (1989) concluded that industrial pollution observed in the 1985 samples still marked the sediments as heavily contaminated, but observed trends appeared to indicate that conditions were improving and the lake was likely to recover.

In 1986 pooled samples were created by combining corresponding sections (1 cm layers) of three cores collected with a Jenkin corer in the central basin at a depth of 120 m. These samples were extracted with a 1:1 mixture of 90% acetone and ethanol for spectrophotometric determination and chromatographic detection of chlorophyll derivatives and carotenoids. Copper was measured in these sediment samples by flame AAS, after pressure digestion with HF and HNO₃ (Guilizzoni & Lami 1988).

This research demonstrated that the installation of a copper recovery plant at the rayon factory in 1958 resulted in a sharp decrease in sediment metal concentrations, although deposition increased again in the 1960s (Fig. 12). Pigment degradation products increased shortly thereafter, probably because the physico-chemi-

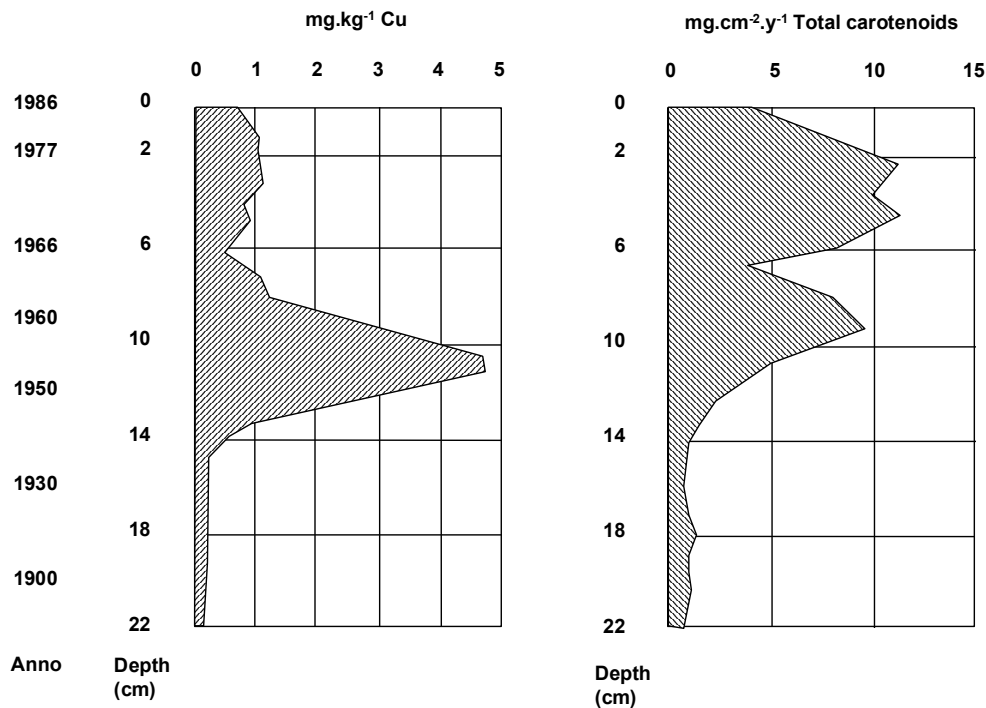


Fig. 12. Distribution profiles for Cu (mg kg^{-1}) and total carotenoids ($\text{mg cm}^{-2} \text{y}^{-1}$) in a core collected in 1986 (after Guilizzoni & Lami 1988).

cal conditions of the sediments resulted in better conservation of the pigments. Guilizzoni & Lami (1988) concluded that the sedimentation rates changed over time, from 2 mm y^{-1} (from 22 to 16 cm), to 1.5 mm y^{-1} (16-9 cm), and 3.4 mm y^{-1} (top layer), as a result of the changes in the trophic status of the lake.

In 1986 (Trevisan 1992), a core of 490 cm was collected by a percussion corer in a station located outside the range of influence of the rayon factory effluents. This core was sectioned into 1 cm layers through a depth of 50 cm, then into 2 cm layers to the bottom. All samples were dried at 40°C , ground in an agate mortar, then analysed for C and N (CHN Elemental Analyser), Al, Ca, Fe, K, Mg, P, Si, S, Cr, Ni, Pb, Cu, Zn, Mn (X-Ray fluorescence spectrometry), and U, Se, Yb, Th, Ti, Cr, Hf, Nd, As, Cs, La, Sc, Rb, Eu, Fe, Co, Ta, V, Sb, Mn (nuclear activation analysis). Due to its location, this station was less influenced by the industrial pollution than those sampled in the previous research. More precisely, the distribution profiles of the different elements showed a trend of increasing concentrations for Pb, As, La, Th, and Ta. Cu, K, and Co displayed mild variation, while Zn, Sb, Fe, Sc, Rb, Ca, Mg, Si, Ti, Mn, S, P, C, Cr, Ni, V, Eu and Cs were decreasing from the deeper to the shallower sections of the core.

However, the most recent strata of sediments still have concentrations of As, Ni, Cu, Cr, Pb, Zn, P, N, and P high enough to classify the lake as "heavily polluted", according to the criteria proposed by the US Environment Protection Agency (Giesy & Hoke 1990).

3. POST-LIMING STUDIES

In 1992 (Baudo *et al.* 1993), 7 sediment samples were collected by Ponar grab and, in three representative points, by means of a gravity corer. To compare recent sediments with those of a pre-industrial time, the three cores were divided in a surficial layer (0-10 cm), a mid-layer, and the last 10 cm (Fig. 13). Both grab samples and core sections were carefully homogenised and sub-sampled for chemical analyses (Baudo *et al.* 1993) of pore water (centrifugation at 4500 rpm for 45 min at 4°C), and for toxicity testing (Baudo 1994; Baudo *et al.* 1996).

Since the sediment analyses were done in the same way as the 1985 sampling (Baudo *et al.* 1989), the results of the two studies can be compared to assess the effects on sediments of the liming of the lake waters (Baudo *et al.* 1993), which drastically reduced the water column dissolved metal concentrations (Camusso *et al.* 1989a, b; Camusso & Tartari 1991; Camusso *et al.* 1991b, c).

In 1996 sediment samples were taken again at the same stations as in 1985 and 1992 studies. In this case, only the first 2 cm of the Ponar grab samples were collected, accounting only for the sediment deposited after the liming period. All samples were air dried and homogenized by sieving ($200 \mu\text{m}$ pore size), then macro- and microelements (Si, Al, Fe, Ti, Ca, K, Mg, Na, P, S, Pb, Zn, Cu, Ni, Mn, Cr) were determined by X-Ray

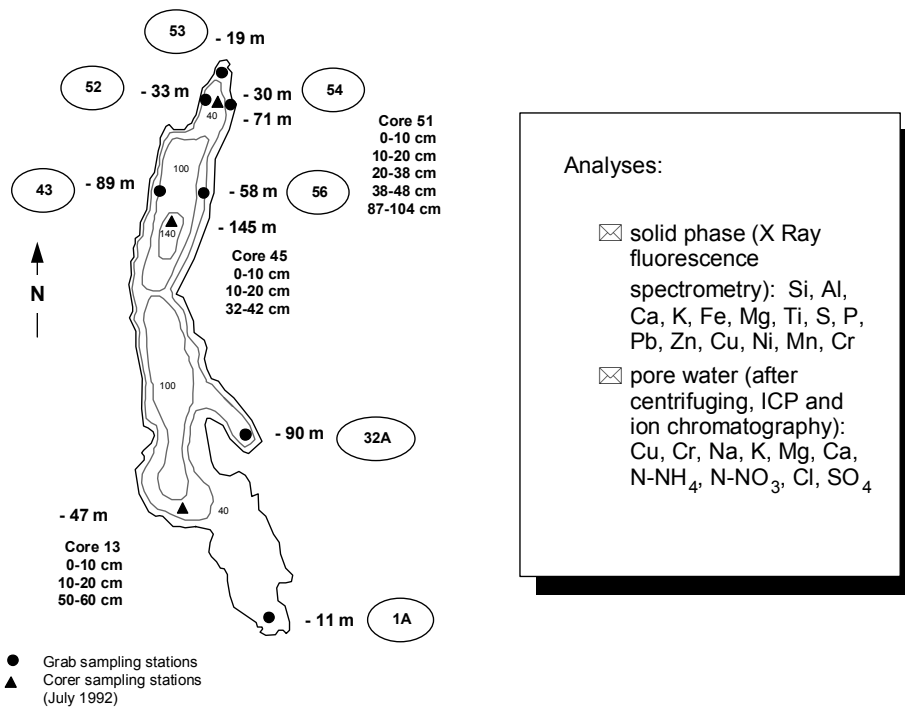


Fig. 13. 1992 sampling and analyses.

fluorescence spectrometry, and C and N by means of a CHN Elemental Analyzer.

4. PRE- AND POST-LIMING COMPARISON

The data on sediments are subdivided into 5 groups (Kemp *et al.* 1976): nutrient elements (Organic C, N, P); carbonate elements (carbonate C, Ca, and Mg); conservative elements (Si, Al, K, Mg, Ti, Na); enriched elements (Cd, Pb, Cu, Cr, Ni, Hg, Zn); and mobile elements (Fe, Mn, S).

4.1. Nutrient elements

For nutrients (Tab. 1), the sediments obviously reflect the input from urban discharges of the 30,000 inhabitants of the drainage basin (Lacqua *et al.* 1983); these inputs flowed untreated into the lake until 1987, when a sewage treatment plant came on line at Omegna. Most effluents are currently collected and treated, and they do not flow into the lake but are directly discharged into the outlet, River Niguglia (Bonacina *et al.* 1986).

Determination of the organic and inorganic carbon fractions was only possible for the 1985 samples due to resource limitations. The distribution maps of total carbon and organic carbon (Fig. 14) show that the carbonate input from the watershed is quite low, and in fact the organic fraction of this element accounts for 92% of the total carbon.

In 1996 (Fig. 15) the total carbon mean concentration is doubled, while Ca (see discussion below) is in-

creased by only 35%. These differences are most likely due to the sedimentation of organic matter.

Nitrogen increased by 120% from 1985 to 1996 (Fig. 16). In sediment, nitrogen is present almost entirely in an organic form, and its map of distribution overlaps with that of carbon and is also complementary to that of silicon, which represents the main mineral input to the sediments. Moreover, the data on pore water show high concentrations of another potential toxicant, ammonia nitrogen, which could interfere with benthic organisms (Baudo 1994).

The C/N ratio of lacustrine sediments can be used to assess the autochthonous or allochthonous source of the organic matter (Håkanson & Jansson 1983); this ratio has a value of 6 for phytoplankton, between 5 and 6 for zooplankton, but increases to 25-40 for terrestrial or riparian higher plants. Conventionally, the value of 10 is assumed as an index to distinguish between autochthonous and allochthonous material. In L. Orta the mean C/N ratio was 11.7 in 1985 and 10.7 in 1996; therefore the recently sedimented organic matter reflects a higher proportion of planktonic material. This finding confirms the conclusions of Guilizzoni & Lami (1990), who found that 80% of the material in a core collected from the deepest point of the lake in 1986 produced C/N ratios ranging from 8 to 9, suggesting that the autochthonous fraction was predominant, and that recovery of the phytoplanktonic populations had begun. For phosphorus, the increase between 1985 and 1996 (Fig. 17) was clearly shown also by the data from the 1992 cores (Tab. 1).

Tab. 1. Nutrients in Lake Orta sediments and pore water.

Surficial sediment

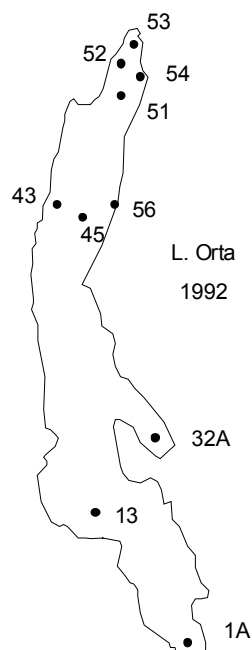
	1985			1992			1996		
	Mean	min	Max	Mean	min	Max	Mean	min	Max
Total C %	3.87	0.05	9.26				7.72	0.19	15.52
Organic C %	3.55	0.04	8.89						
N %	0.33	0.01	0.88				0.73	0.12	1.32
P %	0.13	0.05	0.24	0.19	0.09	0.26	0.20	0.07	0.29

Sediment cores

Core	Section	% P
51	0 - 10	0.26
	10 - 20	0.17
	20 - 38	0.14
	38 - 48	0.14
45	87 - 104	0.11
	0 - 10	0.16
	10 - 20	0.15
13	32 - 42	0.14
	0 - 10	0.20
	10 - 20	0.13
	50 - 60	0.11

Pore water (mg l⁻¹)

Sample	Type	Section	N-NH ₄	N-NO ₃
56	Grab		3.24	0.00
54	Grab		3.91	0.02
53	Grab		4.84	0.03
52	Grab		3.35	0.07
43	Grab		8.69	0.01
32	Grab		7.42	0.01
1	Grab		1.16	0.04
51	Core	0 - 10	5.05	0.13
		10 - 20	6.14	0.08
		38 - 48	7.97	0.08
45	Core	0 - 10	9.86	0.02
		10 - 20	10.26	0.01
		32 - 42	10.70	0.02
13	Core	0 - 10	2.44	0.03
		10 - 20	3.78	0.03
		50 - 60	2.47	0.03



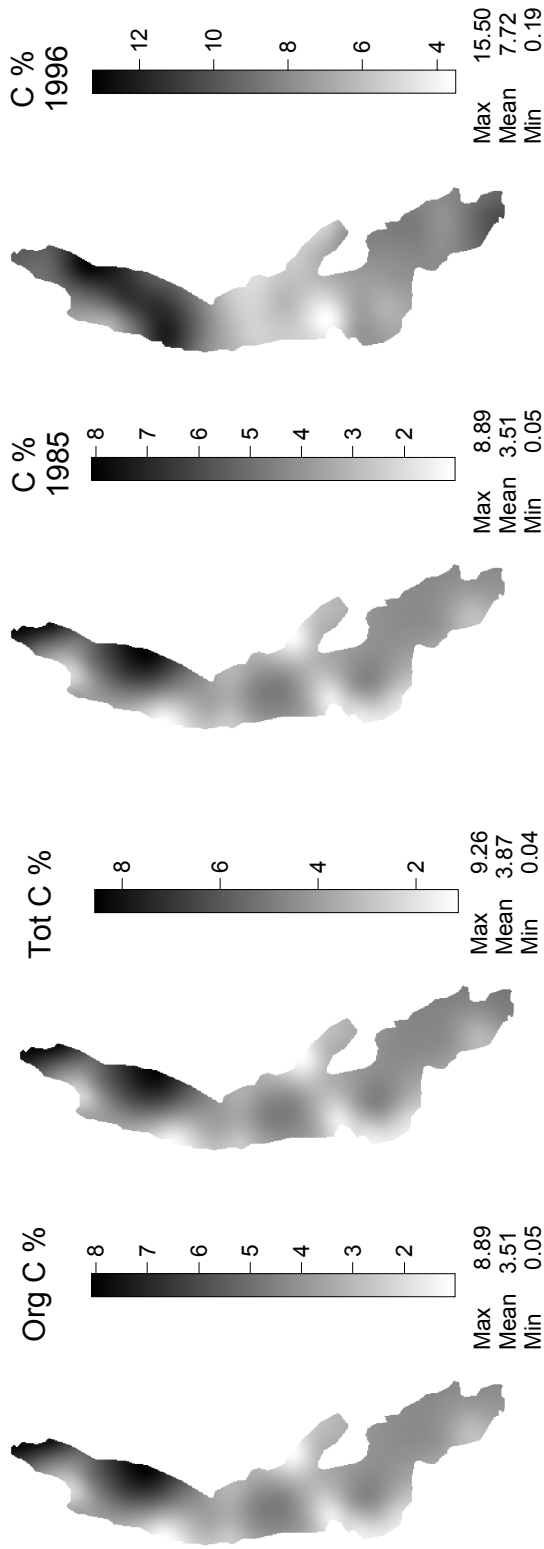


Fig. 14. Total and organic carbon distribution (%) in 1985.

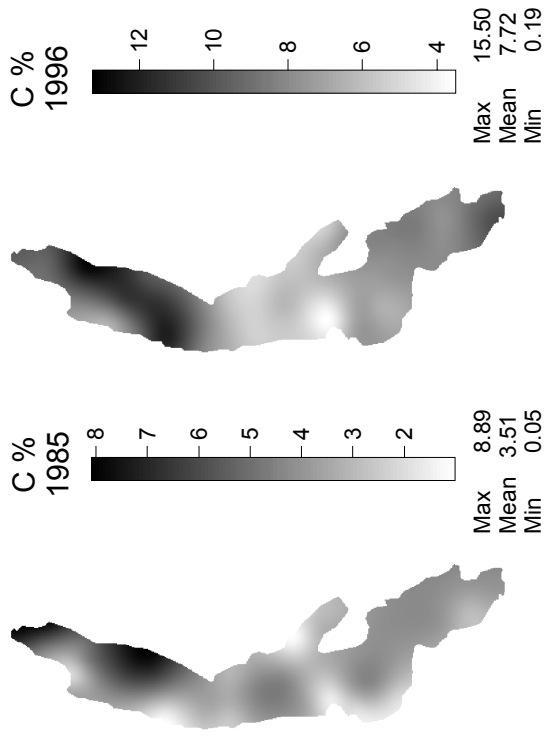


Fig. 15. C distribution (% dry sediment) in 1985 and 1996.

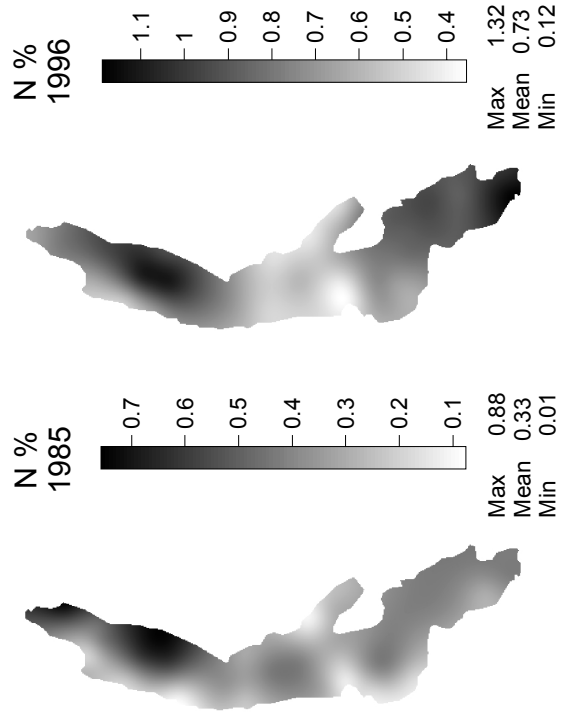


Fig. 16. N distribution (% dry sediment) in 1985 and 1996.

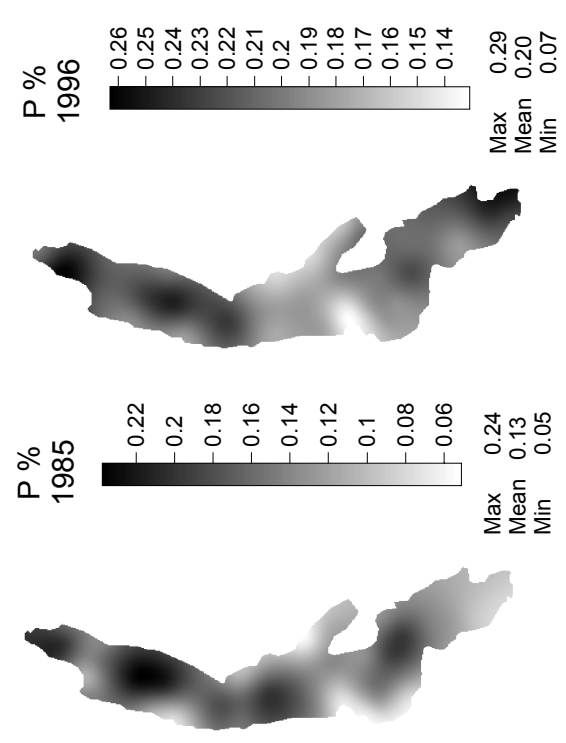


Fig. 17. P distribution (mg kg⁻¹ dry sediment) in 1985 and 1996.

4.2. Carbonate elements

The fraction of carbon bound to carbonates was not determined for the 1992 and 1996 samples, therefore the possible increase due to the liming can be inferred only from the data for total carbon (as previously discussed). Calcium and magnesium, however, were measured both in 1992 and 1996 (Tab. 2). The distribution maps for these two elements (Figs 18-19) in 1985 confirmed that these elements were relatively scarce in the drainage basin, and measured concentrations compare well with the mainly siliceous rock composition of the watershed.

However, in 1996 the sediments showed a noticeable increase in Ca, which is clearly related to the liming of the lake. Such an increase was not shown by Mg, since the raw product used for the treatment was composed of 92% CaCO₃, 6% MgCO₃ and 2% of siliceous

impurities (Calderoni & de Bernardi 1992). Hence, in this case magnesium, which is present not only in limestone, but also in silicates, behaves more like the other conservative elements.

In pore water (Tab. 2), the concentrations of these metals were comparable to those measured into the water column, ranging from 6.3 to 9.1 mg l⁻¹ for Ca, around 1.5 mg l⁻¹ for Mg (Calderoni & Mosello 1990).

4.3. Conservative elements

Conservative elements, by definition, "make up the bulk of the sediment matrix and are unlikely to be affected by diagenesis or increasing eutrophication to the lake". In fact, they reflect "the major mineralogical species derived from terrigenous sources" (Kemp *et al.* 1976).

Tab. 2. Carbonate elements in Lake Orta sediments and pore water (1992 sampling).

Surficial sediment									
	1985			1992			1996		
	Mean	min	Max	Mean	min	Max	Mean	min	Max
Mg %	1.01	0.65	2.42	1.23	1.03	1.90	0.99	0.63	1.99
Ca %	0.61	0.18	1.40	0.79	0.46	1.21	0.82	0.43	1.61

Sediment cores			
Station	Section	% Ca	% Mg
51	0 - 10	0.71	1.21
	10 - 20	0.54	1.18
	20 - 38	0.89	1.30
	38 - 48	0.68	1.18
	87 - 104	0.68	1.18
45	0 - 10	0.96	1.36
	10 - 20	0.75	1.27
	32 - 42	0.96	1.51
13	0 - 10	0.61	1.12
	10 - 20	0.50	1.06
	50 - 60	0.54	1.06

Pore water (mg l ⁻¹)				
Sample	Type	Section	Ca	Mg
56	Grab		6.50	1.50
54	Grab		8.10	2.50
53	Grab		9.20	2.50
52	Grab		9.10	2.70
43	Grab		10.50	3.70
32	Grab		5.80	1.80
1	Grab		20.10	2.40
51	Core	0 - 10	3.50	1.00
		10 - 20	4.20	1.60
		38 - 48	4.30	2.00
		0 - 10	6.80	1.10
45	Core	10 - 20	7.60	1.20
		32 - 42	8.20	1.20
		0 - 10	9.30	2.00
13	Core	10 - 20	6.70	1.80
		50 - 60	6.50	1.40

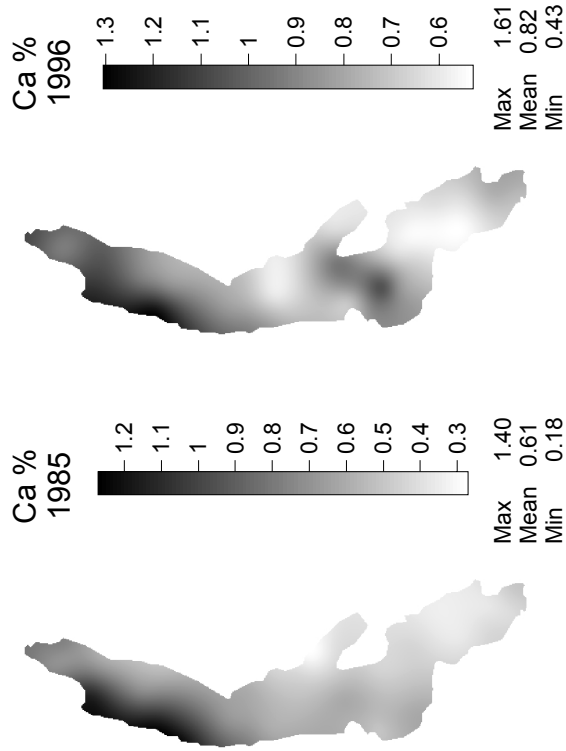


Fig. 18. Calcium concentration (%) in L. Orta sediments.

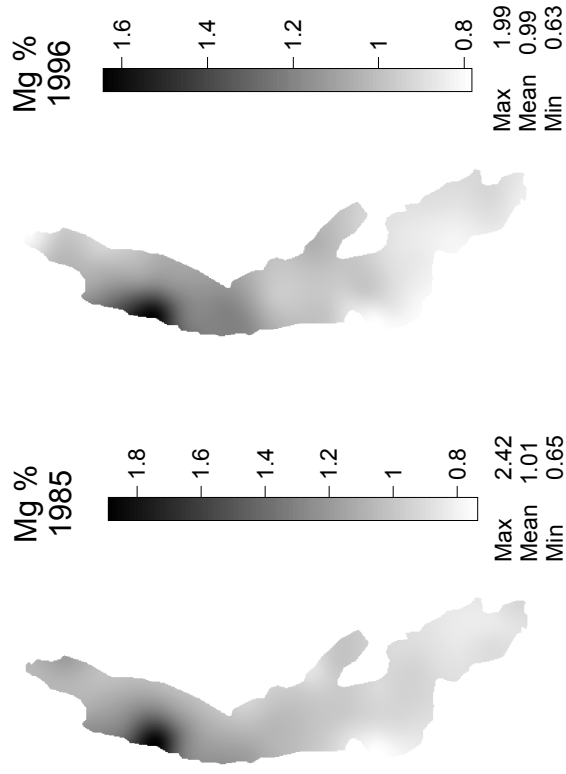


Fig. 19. Magnesium concentration (%) in L. Orta sediments.

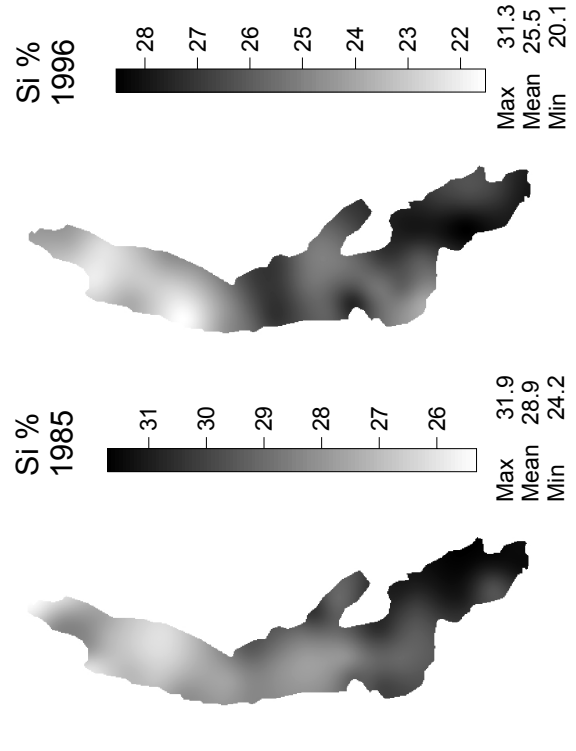


Fig. 20. Si concentration (%) in L. Orta sediments.

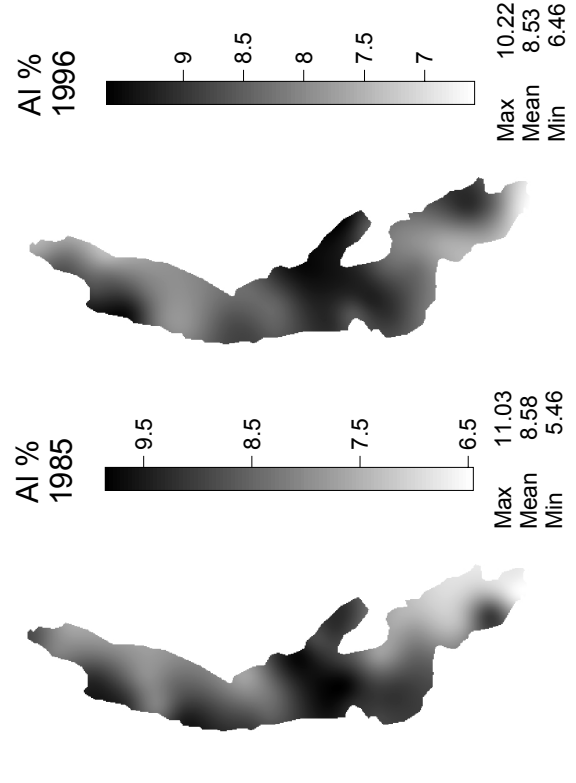


Fig. 21. Al concentration (%) in L. Orta sediments.

The concentrations of these elements in sediments depend mainly on the geochemistry of the watershed, and the differences among stations reflect the sedimentation pattern produced by hydraulic factors, as well as variability in the geochemistry of those portions of the watershed drained by the lake tributaries. Since these elements are present in the sediments in high concentrations (in fact, expressed by % dry weight), variations over time are usually quite low (Tab. 3).

For Si, the input is mainly controlled by the geochemical characteristics of the different part of the watershed. Hence, considering the homogeneity of the

drainage basin, the composition of the detritus flowing into the lake should be relatively constant. However, the variable amount of the organic matter produces a sort of solid-solid "dilution" of the sediments and, as a result, also the Si distribution map shows a variability, with a decrease from South to North (Fig. 20). For pore water, only data for sodium and potassium are available. Concentrations in interstitial waters show spatial variability, but they are close to those measured in the water column (around 5.0 mg Na l⁻¹ and 1.0 mg K l⁻¹; Calderoni & Mosello 1990).

Tab. 3. Conservative elements in Lake Orta sediments.

Surficial sediment

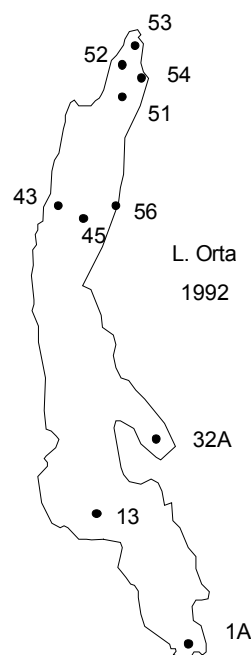
	1985			1992			1996		
	Mean	min	Max	Mean	min	Max	Mean	Min	Max
Si %	28.9	24.2	31.9	26.9	24.2	31.3	25.5	20.1	31.3
Al %	8.58	5.46	11.03	8.53	6.46	10.06	8.53	6.46	10.22
Ti %	0.39	0.02	0.61	0.45	0.38	0.58	0.44	0.27	0.61
K %	2.17	1.02	4.28	1.90	1.54	2.32	2.00	1.41	3.11
Na %							1.05	0.67	2.23

Sediment cores

Station	Section	Si	Al	Ti	K
51	0 - 10	25.39	8.28	0.46	1.66
	10 - 20	28.24	8.02	0.43	1.49
	20 - 38	26.65	9.92	0.54	2.16
	38 - 48	27.77	9.37	0.48	1.91
45	87 - 104	28.26	9.66	0.36	2.53
	0 - 10	25.69	10.06	0.58	2.20
	10 - 20	26.55	9.34	0.51	1.87
	32 - 42	25.50	10.48	0.57	2.24
13	0 - 10	28.10	8.57	0.40	1.74
	10 - 20	29.43	8.87	0.40	1.66
	50 - 60	30.08	8.02	0.40	1.66

Pore water (mg l⁻¹)

Sample	Type	Section	Na	K
56	Grab		5.10	1.30
54	Grab		5.10	1.30
53	Grab		5.20	1.30
52	Grab		5.00	1.10
43	Grab		5.40	2.10
32	Grab		5.30	2.20
1	Grab		6.10	1.30
51	Core	0 - 10	5.20	1.80
		10 - 20	4.40	1.30
		38 - 48	3.80	1.60
45	Core	0 - 10	4.70	2.00
		10 - 20	4.40	2.00
		32 - 42	3.70	2.00
13	Core	0 - 10	6.10	1.40
		10 - 20	6.20	1.30
		50 - 60	8.40	1.40



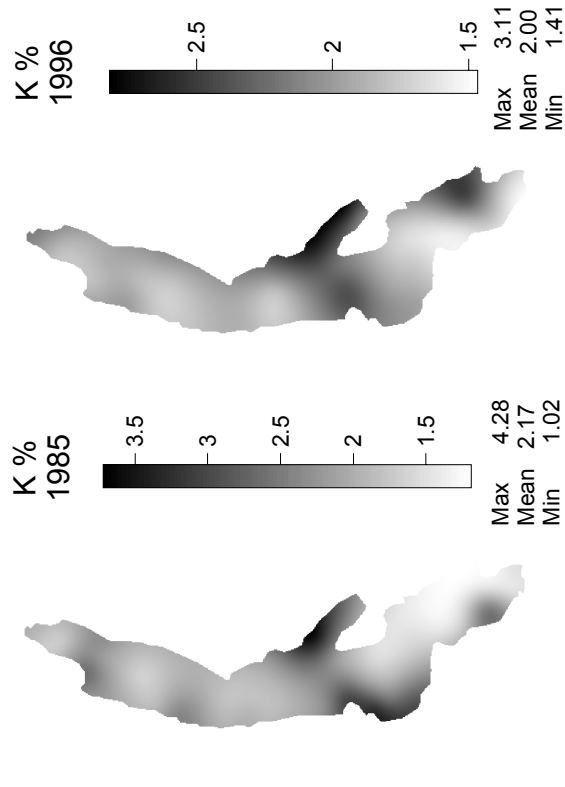


Fig. 22. K concentration (%) in L. Orta sediments.

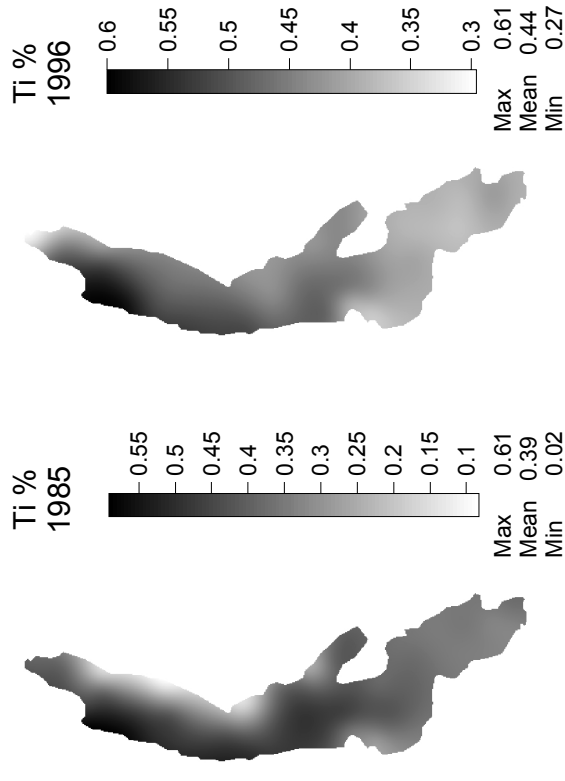


Fig. 23. Ti concentration (%) in L. Orta sediments.

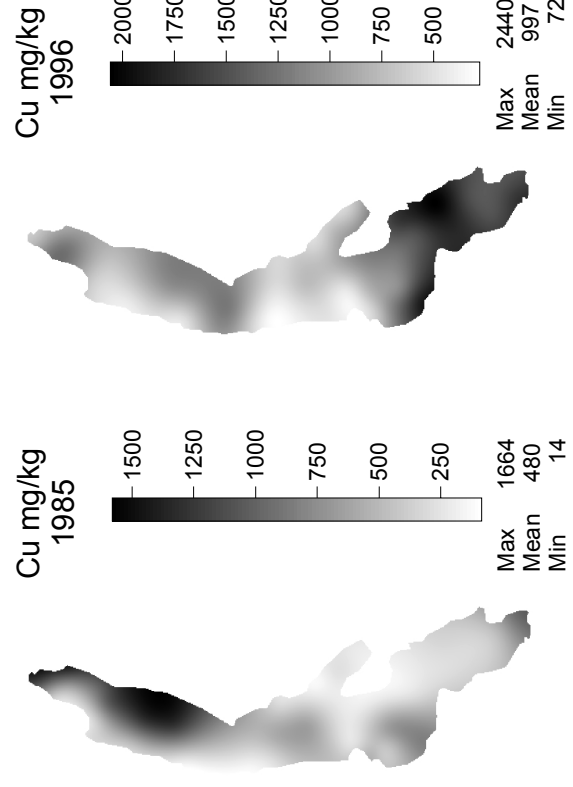


Fig. 24. Cu distribution (mg.kg^{-1} dry sediment) in 1985 and 1996.

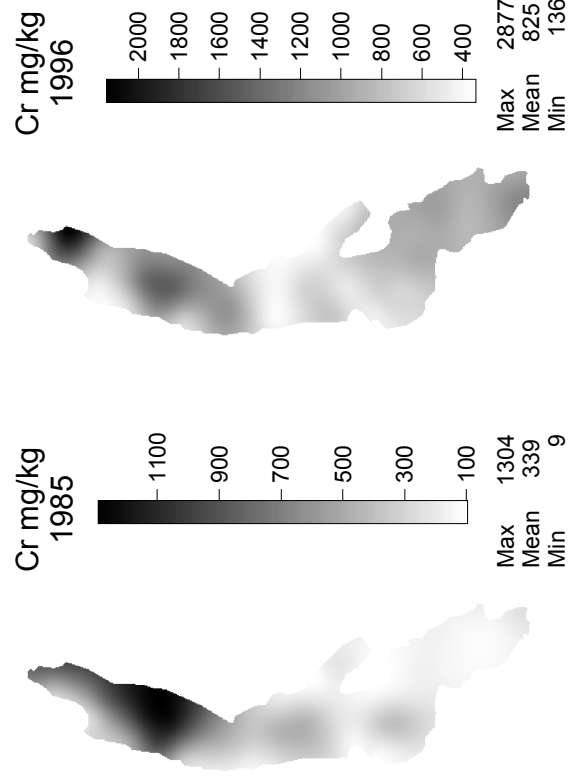


Fig. 25. Cr distribution (mg.kg^{-1} dry sediment) in 1985 and 1996.

4.4. Enriched elements

By definition, the enriched elements are those extensively used in human activities and therefore their concentrations in sediments are more likely influenced by pollution sources (Tab. 4). For copper, the distribution map for 1985 (Fig. 24) shows an accumulation at the Northern end of the lake. The known pollutant sources are the rayon factory discharge and the River Lagna which delivers effluents of several plating factories into the lake. Both of these lie in the Southern part of the water basin, and results indicate that enriched elements become bound to the particulate matter and then carried from South to North according to the prevailing water flow.

This flow continuously sorts out the particles and, in

repeated cycles of sedimentation and resuspension, only the smallest escape the first "sedimentation trap" represented by the central platform, which reaches a depth of 120 m. It is well known that the smallest and lightest particles are often most enriched in trace metals (Salomons *et al.* 1987). This hypothesis is indirectly confirmed by the similar distribution of the sedimented organic matter, here shown by the maps of carbon, phosphorus, sulphur, and nitrogen; i.e. the components which form the less dense fraction of sediments.

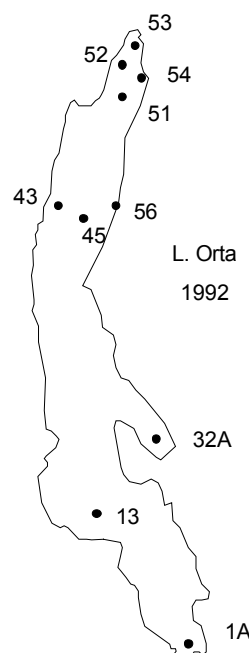
Cu concentration in sediments were very similar in 1992 and 1985 (Tab. 4); pore water analyses (not performed in 1985) indicate that concentrations in the shallow portions of the cores were much greater than in deeper sections corresponding to pre-industrial times.

Tab. 4. Enriched elements in Lake Orta sediments.

Surficial sediment									
	1985			1992			1996		
	Mean	min	Max	Mean	min	Max	Mean	min	Max
Pb (mg kg ⁻¹)	127	5	542	267	28	569	305	24	660
Zn (mg kg ⁻¹)	212	58	807	325	105	701	381	134	1004
Cu (mg kg ⁻¹)	480	14	1664	843	55	1978	997	72	2440
Ni (mg kg ⁻¹)	59	16	165	83	54	147	104	30	303
Cr (mg kg ⁻¹)	339	9	1304	1256	127	6541	825	136	2877

Sediment cores						
Station	Section	Pb	Zn	Cu	Ni	Cr
51	0 - 10	407	444	1351	93	1856
	10 - 20	75	122	64	53	156
	20 - 38	27	102	36	51	101
	38 - 48	34	104	33	52	92
	87 - 104	47	124	28	40	72
45	0 - 10	28	105	55	54	127
	10 - 20	27	97	31	51	103
	32 - 42	24	106	34	60	106
13	0 - 10	239	221	508	71	493
	10 - 20	54	106	46	49	82
	50 - 60	29	119	35	50	78

Pore water (mg l ⁻¹)				
Sample	Type	Section	Cu	Cr
56	Grab		0.14	0.02
54	Grab		9.04	1.26
53	Grab		1.47	0.27
52	Grab		0.8	0.22
43	Grab		0.25	0.26
32	Grab		1.11	0.27
1	Grab		0.63	0.10
51	Core	0 - 10	1.31	0.80
		10 - 20	0.12	0.02
		38 - 48	0.12	0.02
45	Core	0 - 10	0.17	0.03
		10 - 20	0.07	0.01
		32 - 42	0.1	0.00
13	Core	0 - 10	0.39	0.15
		10 - 20	0.13	0.02
		50 - 60	0.08	0.01



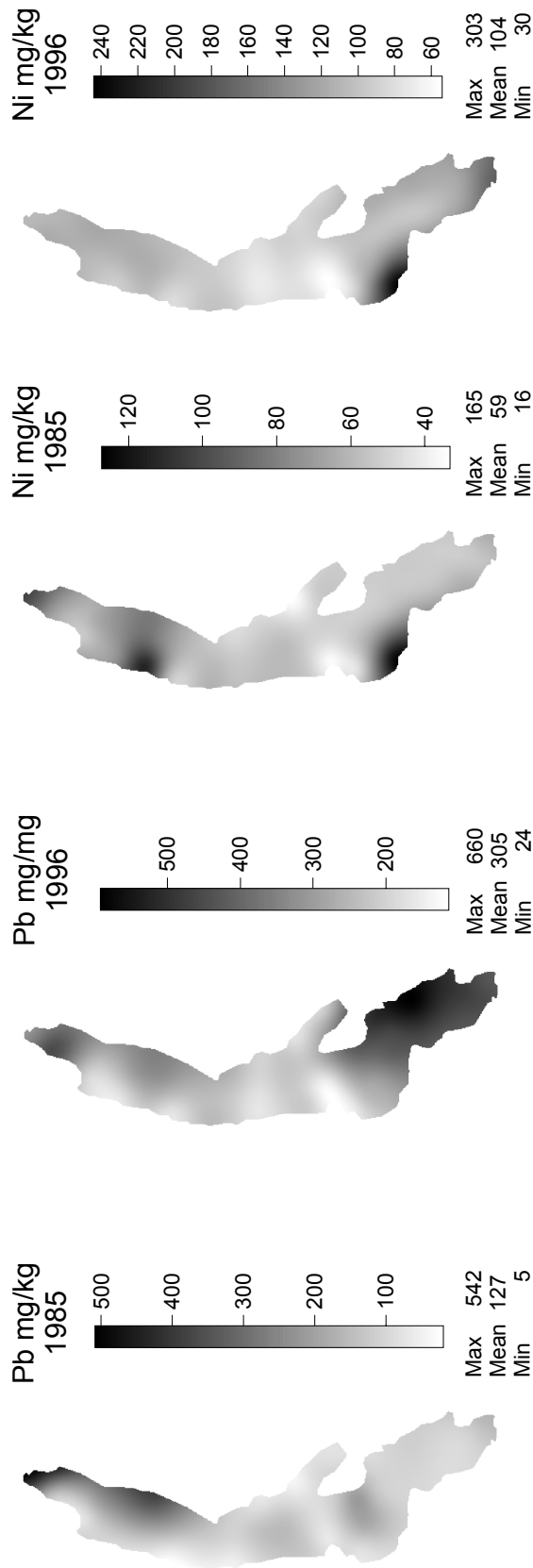


Fig. 26. Pb distribution (mg kg^{-1} dry sediment) in 1985 and 1996.

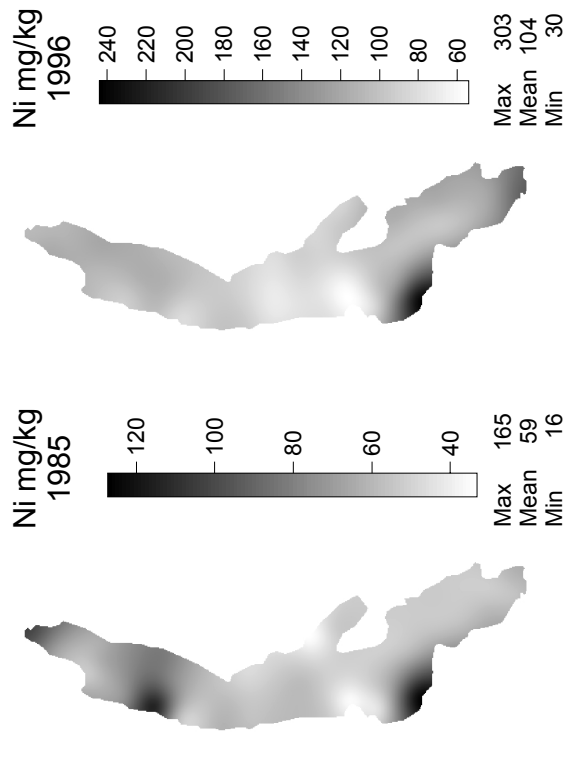


Fig. 27. Ni distribution (mg kg^{-1} dry sediment) in 1985 and 1996.

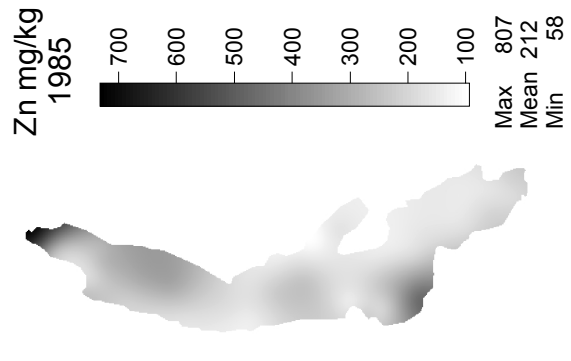


Fig. 28. Zn (mg kg^{-1} dry sediment) in 1985 and 1996.

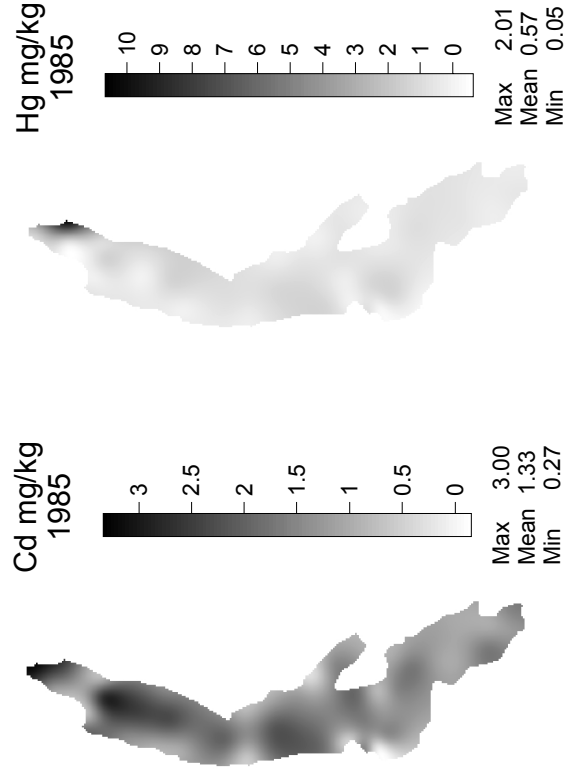


Fig. 29. Cd and Hg distributions (mg kg^{-1} dry sediment) in 1985.

In 1996, however, the distribution maps showed a completely different pattern, since the most contaminated areas were located in the Southern region of Lake Orta, the shallowest area of the lake. This distribution may be due in part to the fact that the liming treatment covered only 2/3 of the lake surface, roughly from the southern tip to the end of the Central Basin, which is characterized by the 120 m deep platform described above. Copper and the other metallic elements showed an accumulation in the Northern part of the lake, suggesting that the same transport process controls the distribution of Cr, Pb, Ni, Zn, Hg, and Cd (Figs 25-29). In 1996 the concentrations of trace metals still remained very high and potentially hazardous for the environment (Baudo *et al.* 1993; Baudo 1994).

The data for pore water are available only for copper and chromium. For the other metals, it is impossible to say whether these toxicants are effectively bioavailable (Tessier & Campbell 1987), and the measured concentrations in the solid phase refer to all the organic and inorganic fractions, each of which is bioactive to a different degree.

For the 1985 samples, maps of distributions have been calculated also for B, V, Sr, Sn, Mo, Co, Be, and Li (Figs 30-33). These elements very likely reflect geochemical inputs only, and in fact compare well with mean data for granite (Tab. 5; Bowen 1979). Co pres??ents concentrations 10 times higher than in granite, but still lower than the Canadian Soil Quality Guidelines, and probably does not reach harmful levels.

Tab. 5. Chemical composition (mg kg⁻¹) of L. Orta sediments and reference values (Granite = Mean granite, after Bowen 1979; SeQG = Canadian Sediment Quality Guidelines; PEL = Probable Effect Level; SoQG; Canadian Soil Quality Guidelines).

	Min	Mean	Max	Granite	SeQG	PEL	SoQG
B	2.25	9.01	26.26	12			2
V	12.52	65.79	122.45	72			130
Sr	5.56	30.98	57.68	285			
Sn	1.94	2.61	4.45	3.5			5
Mo	0.46	0.70	1.20	2			5
Co	2.97	10.56	20.40	1			40
Be	0.98	2.64	4.81	5			4
Li	16.22	47.00	78.33	30			
Cd	0.27	1.33	3.00	0.09	0.6	3.5	1.4
Hg	0.05	0.57	2.01	0.08	0.17	0.486	6.6

Cd and Hg concentrations, on the other hand, are remarkably higher than in granite and even higher than the Canadian Sediment Quality Guidelines. However, even if Cd approaches the Canadian Soil Quality Guidelines, and Hg exceeds the Canadian Probable Effect Level for sediments, this does not mean necessarily that these two elements constitute a hazard for the biota. In fact, probably they are present into the sediment as a result of the weathering of the drainage basin (no sources of pollutants are known); therefore, their

bioavailability could be low enough to prevent harmful effects.

4.5. Mobile elements

Mobile elements are those that can easily change redox status and solubility, hence precipitating or dissolving when the physico-chemical conditions at the water-sediment interface change (Tab. 6).

For iron, sulphur and manganese the maps of distribution (Figs 34-36) clearly indicate an increase in concentration. This is confirmed by the data of the cores collected in 1992, showing that the surficial layers were enriched with respect to the background values, probably for a reduction or elimination of mineralisation of the organic matter, with a consequent accumulation of insoluble forms of these elements. It should be noted that large amounts of sulphates were discharged by industrial sources since the rayon factory effluents carried copper in the sulphate form (Calderoni & de Bernardi 1992).

In pore water from the cores, sulphates are in fact increasing toward the upper portions as the equilibrium between liquid and solid fraction shifts in response to the enhanced sedimentation of sulphur.

The third mobile element, manganese (Fig. 36), displays a somewhat different behaviour. Mn concentrations decreased severely from 1985 to 1992, and further between 1992 and 1996. Obviously, the new conditions created at the water-sediment interface favours more soluble forms of this elements.

5. CONCLUSIONS

The low sedimentation rate of L. Orta (2 mm y⁻¹, Corbella *et al.* 1958, Adams *et al.* 1978, 4.5 mm y⁻¹, Provini & Gaggino 1985), suggests that the surficial layer (2 cm) collected in 1996 should represent the material settled after the liming. Sampling in 1996 was repeated at exactly the same stations as in 1985, and the comparison between the two sampling events should thus reflect the changes in the sediment composition due to the liming and the subsequent evolution of the lake.

The pre- and post-liming comparison clearly shows that the treatment modified the water chemistry decreasing the dissolved metal concentrations (Camusso *et al.* 1992) and resulting in deposition of a large portion of these elements. Figure 37 clearly demonstrates that the lime treatment removed pollutants from the water column, effecting a marked increase in the concentrations of most of the contaminants of interest. These increases are especially significant for all the metallic elements, which are far less soluble at the near neutral pH of the water. Ca also increased by 34 times because the contents of this element in the limestone used for the liming largely exceed the geochemical load of the tributaries.

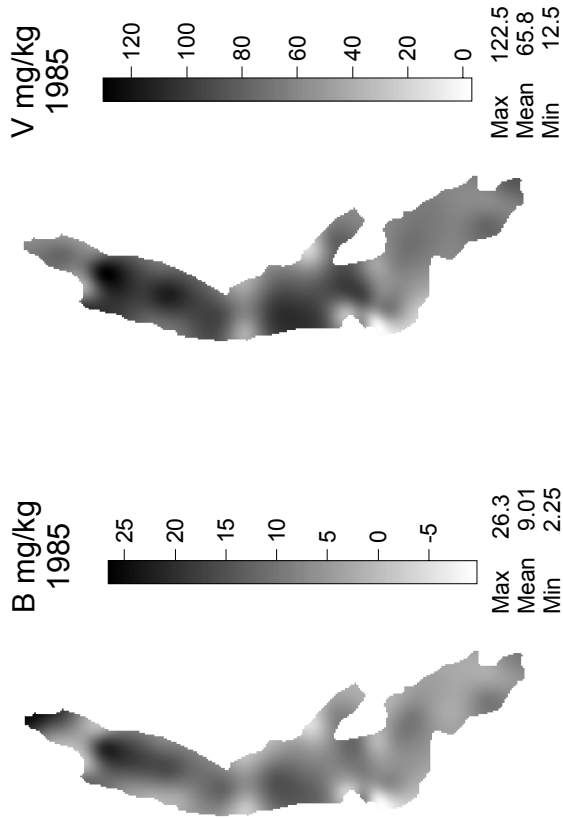


Fig. 30. B and V distributions (mg kg^{-1} dry sediment) in 1985.

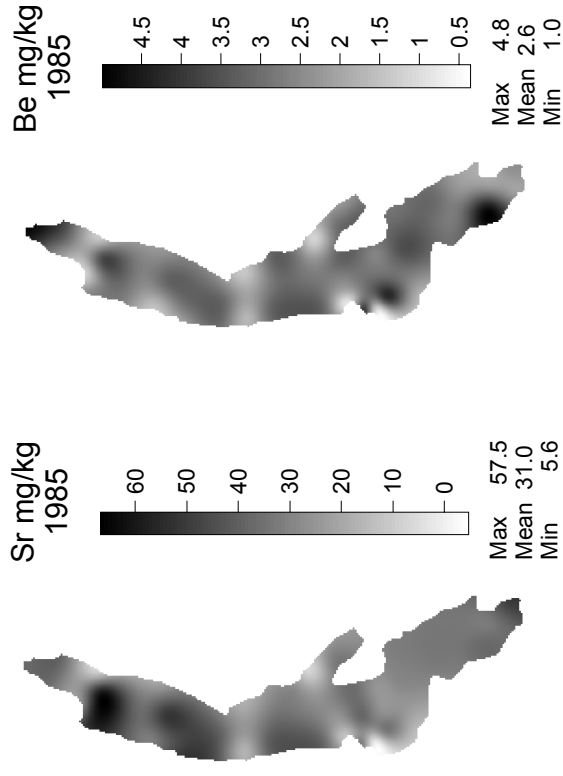


Fig. 31. Sr and Be distributions (mg kg^{-1} dry sediment) in 1985.

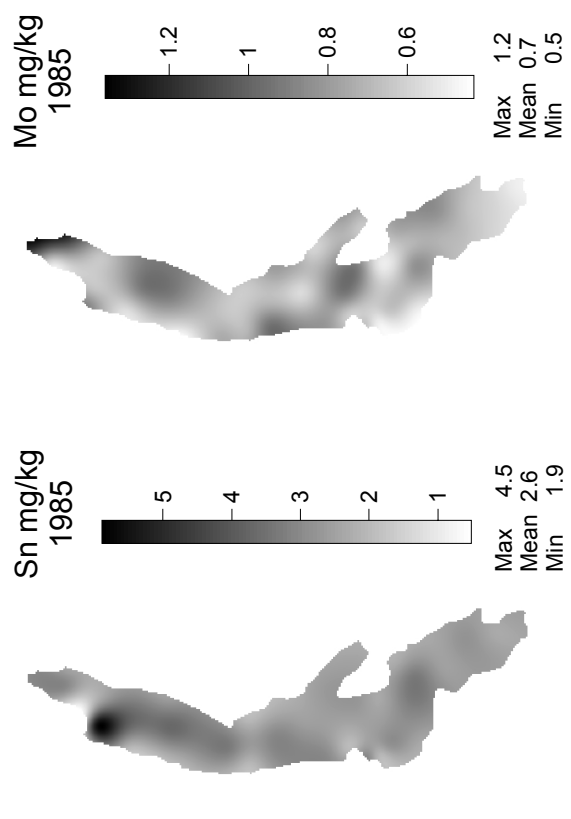


Fig. 32. Sn and Mo distributions (mg kg^{-1} dry sediment) in 1985.

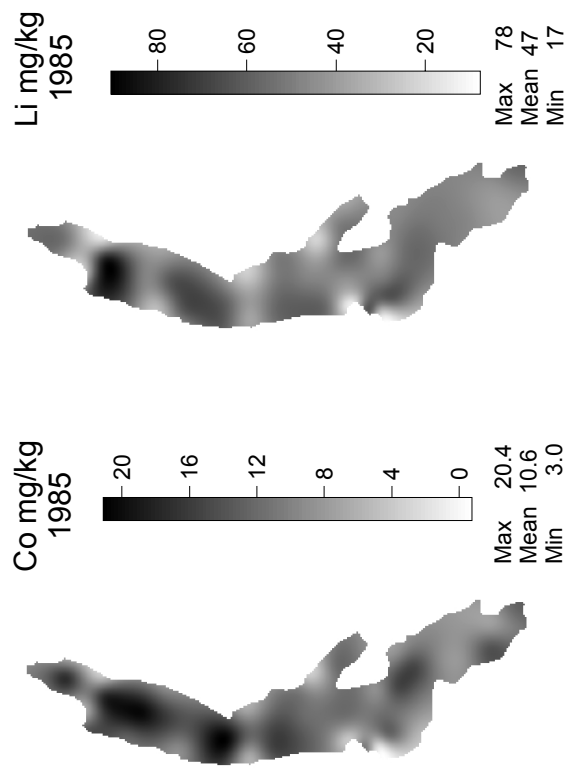


Fig. 33. Co and Li distributions (mg kg^{-1} dry sediment) in 1985.

Tab. 6. Mobile elements in Lake Orta sediments.

Surficial sediment

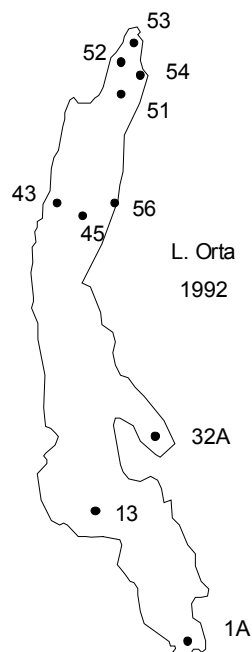
	1985			1992			1996		
	Mean	min	Max	Mean	min	Max	Mean	min	Max
Fe %	4.55	0.68	9.13	5.70	3.32	7.73	5.51	2.83	8.95
S %	0.18	0.01	1.20	0.44	0.05	1.15	0.56	0.07	1.79
Mn (mg kg ⁻¹)	641	149	6802	588	351	1205	570	259	1767

Sediment cores

Station	Section	Fe	S	Mn
51	0 - 10	7.69	0.83	479
	10 - 20	8.25	0.27	472
	20 - 38	6.57	0.09	529
	38 - 48	6.33	0.05	593
45	87 - 104	4.16	0.05	417
	0 - 10	7.73	0.06	1205
	10 - 20	8.29	0.10	1483
	32 - 42	7.45	0.06	1138
13	0 - 10	6.61	0.21	587
	10 - 20	5.49	0.05	855
	50 - 60	4.76	0.05	830

Pore water (mg l⁻¹)

Sample	Type	Section	SO ₄
56	Grab		0.20
54	Grab		2.00
53	Grab		1.40
52	Grab		0.60
43	Grab		0.10
32	Grab		0.60
1	Grab		8.40
51	Core	0 - 10	2.10
		10 - 20	2.50
		38 - 48	0.90
		0 - 10	2.20
45	Core	10 - 20	1.50
		32 - 42	0.50
		0 - 10	3.20
		10 - 20	1.60
13	Core	50 - 60	0.50



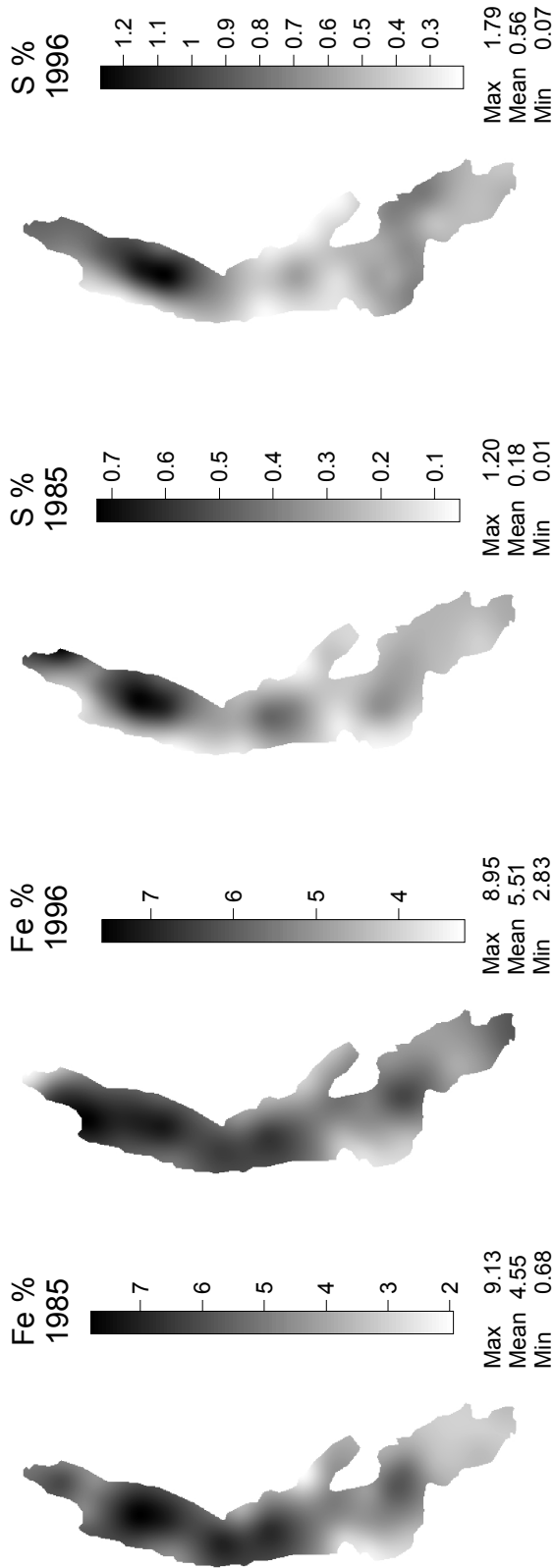


Fig. 34. Iron concentration (%) in L. Orta sediments.

Fig. 35. Sulphur concentration (%) in L. Orta sediments.

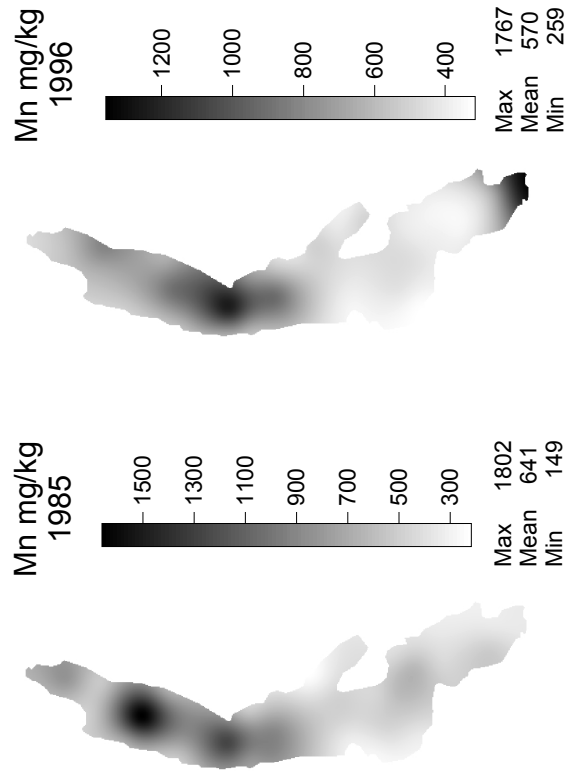


Fig. 36. Manganese concentration (mg kg⁻¹) in L. Orta sediments.

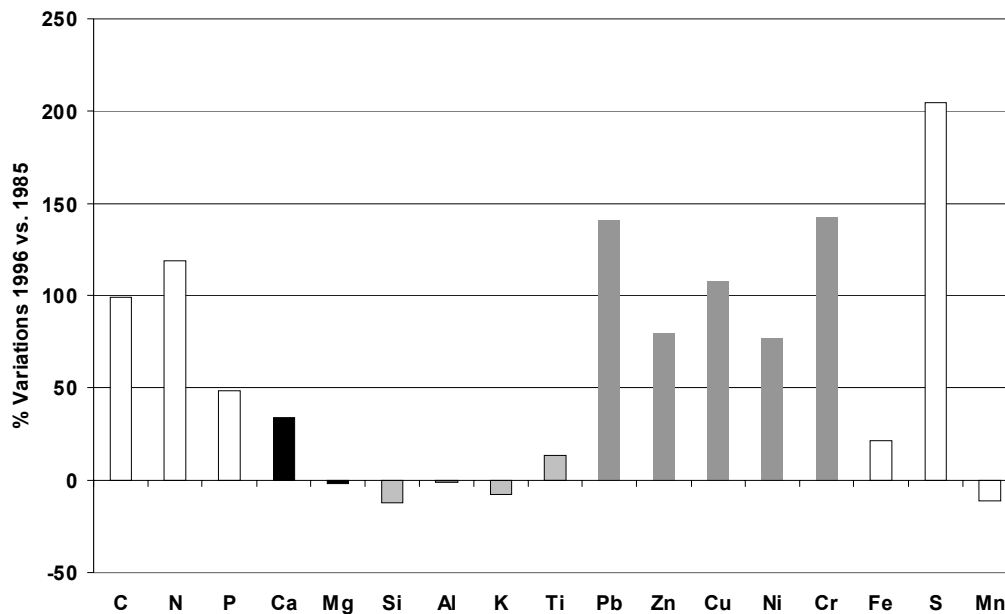


Fig. 37. Variation between 1985 and 1996 in the chemical composition of L. Orta sediments.

Concentrations in the upper 2 cm of sediments decrease only for Si, Al, K, and Mg. These decreases most likely reflect a "diluting" effect due to both the limestone addition and the enhanced deposition of autochthonous organic matter (mostly plankton remains), resulting from the algal blooms favoured by the restoration of the lake conditions. Finally, the "mobile" elements Fe and S are precipitated at a greater rate, while Mn seems to become more soluble in the new conditions created by the liming. The sediment chemical composition of this environment would still be classified as "heavily contaminated", according to the ranking proposed by the US Environment Protection Agency (Giesy & Hoke 1990). The cluster analysis (Figs 38-39) clearly shows that the liming affected the sediment chemical composition changing the relationships between elements, as a result of the cleaning of the water column by the sedimenting calcium carbonate and plankton material.

Because of the relatively low sedimentation rate of this lake, it will be some time before the contaminated layer of the sediments will be buried and will no longer interact with the overlying water column. Considering the high concentration in the solid phase and the equilibrium established between sediment and pore water, the concentration gradient should produce a back diffusion of the contaminants from the sediment to the overlying water for the indeterminable future. The possible toxic effect of the sediment is obviously mediated by the partitioning between solid and liquid phase, and particularly by the concentrations in pore water.

For copper, there is a statistically significant correlation between the concentration in sediments and that

of pore water, indicating that for a large part of the lake the benthic environment is facing very high concentrations of dissolved copper. However, these measures indicate only the content of the total dissolved copper, and we have no indication of the degree of the truly bioavailable fraction. It is therefore impossible to conclude that the concentrations in pore water are actually in the toxic range. For instance, a large fraction of the metal could be bound to organic substances; in fact, the sediments have an average concentration of 3.55% of organic carbon. In addition, the pH of pore water is around 6.5, which would precipitate copper as hydroxide or coprecipitate it with iron, aluminium and manganese hydroxides.

For chromium, the increase in pore water with the increase in the solid phase is even more relevant. As with copper, Cr is present in far higher concentrations than what might be considered safe for the biota, but again no data about its actual bioavailability are available. It is interesting to note that the concentration of copper in pore water is related not only to the concentration of the metal in sediments, but also to those of silicon, calcium and iron, confirming that the particle composition is quite active in controlling the partitioning between solid and dissolved phases. In addition, lead seems to be in competition with copper for the binding sites on particles and on the ligands in pore waters.

The change induced by the liming had a direct effect on the sediment and pore water composition, but the chemical equilibrium in the sedimentary environments is rather different from that of the water column.

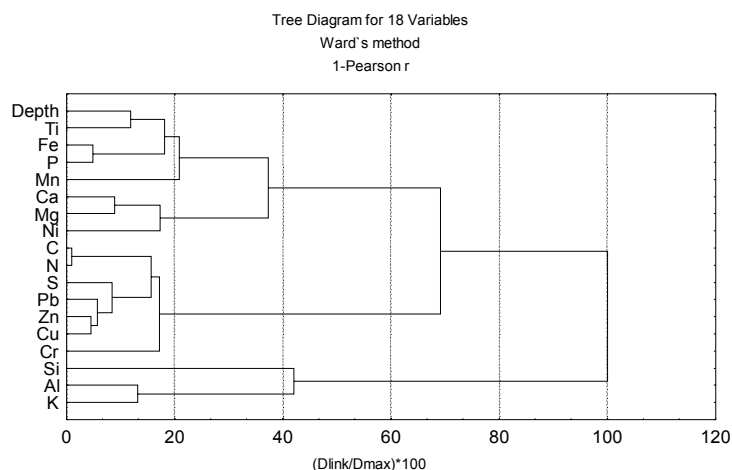


Fig. 38. Cluster data 1985.

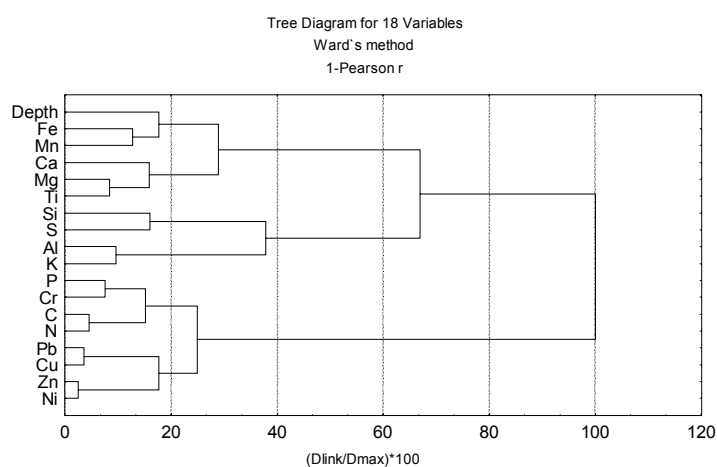


Fig. 39. Cluster data 1996.

For chromium, the partitioning between solid and liquid phases is controlled by Si, Fe and K, suggesting that the binding sites could be different from those of copper. In this case, zinc and nickel seem to compete with chromium, since they are inversely correlated. On the basis of this relationship, it can be estimated that the average concentrations in pore water from the first 10 cm of sediments should be no lower than $120 \mu\text{g l}^{-1}$ for copper, and $190 \mu\text{g l}^{-1}$ for chromium. These figures are relatively high compared to the average values for the water column (20 and $2 \mu\text{g l}^{-1}$ respectively for Cu and Cr), suggesting that a high degree of exchange of these metals between water and sediments will be present.

The bottom deposits, having acted for years as a trap for metallic elements and nutrients, could now become an internal source and delay the recovery, at least for the benthic community. Pore water concentrations largely exceed the thresholds for aquatic organisms (Giesy & Hoke 1990), at least in the case of chromium, copper, and ammonia (1992 data).

In conclusion, it seems likely that the metal concentrations in both sediments and pore water could be high enough to have a potentially toxic effect on the biota. The concentration of ammonia is also very high, and may likewise contribute to toxicity.

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